

RemChol®

Enema 4 mL

Consumer Information

Please read this leaflet carefully before you use RemChol. This leaflet answers some of the most commonly asked questions about RemChol.

Use RemChol as instructed and follow the advice provided in this leaflet.

If you have concerns about this product, ask your doctor or pharmacist.

Keep this leaflet with your RemChol. You may need to read it again.

What REMCHOL is used for

RemChol can help prevent and reduce arterial plaque. RemChol is supplied as an enema because studies have shown that up to 26% of the contents can be absorbed if delivered via the rectum.

UNDER NO CIRCUMSTANCES IS REMCHOL TO REPLACE EXISTING TREATMENTS YOUR DOCTOR HAS ADVISED.

When you must not use RemChol

Do not use RemChol after the expiry date printed on the box.

Do not use RemChol if the packaging is torn or shows signs that it has been opened.

What is RemChol

Each RemChol tube contains 4 g **Hydroxypropyl- β -cyclodextrin** which is a product made from starch. It is nontoxic and safe to use. RemChol is a clear liquid and is sticky to the touch.

In case of swallowing

RemChol is not toxic. RemChol is not absorbed through the digestive system.

Side effects

RemChol is not toxic and there are no reports of side effects when using RemChol.

If when using RemChol you have any side effects or concerns, immediately stop using RemChol and consult with your doctor.

Storage

RemChol should be kept in a place where the temperature stays below 30 deg C.

More information

RemChol information can be found on our websites: www.remchol.com or www.cholrem.com

How it works

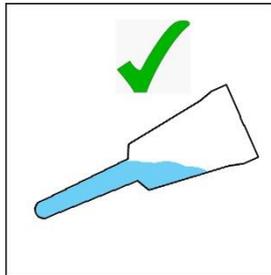
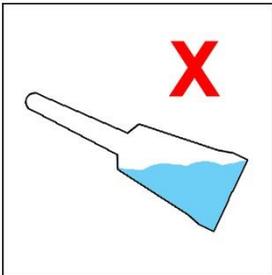
RemChol is a cyclodextrin. It enters the blood stream and attaches to cholesterol crystals in arterial plaque and is then removed from the body via the urinary system. A lot of scientific information is available on our website.

It is recommended to use RemChol daily or at least once a week to help prevent plaque buildup.

How to use RemChol

The longer RemChol remains in the rectum the more cyclodextrin is absorbed into the blood stream. It is recommended that you retain the ingredients for at least 30 minutes to absorb 1g of cyclodextrin.

1. Twist and pull off the top from the nozzle.
2. Using a lubricant sachet supplied, apply a generous amount of lubricant along the length of the nozzle.
3. Gently and slowly insert the nozzle fully into the rectum (back passage).
4. Squeeze the contents fully by squeezing the shoulder of the tube.
5. Keeping the tube squeezed tightly, withdraw the nozzle.



When squeezing make sure the contents are in the nozzle